

Ear Piercing - After Care Instructions

It is important to follow the aftercare instructions recommended by your provider.

1. Thoroughly cleanse your hands with antimicrobial soap prior to any contact with your newly pierced ears.
2. Cleanse the front and back of your ears twice daily for the next 6 weeks by using the Benzalkonium Chloride Antiseptic wipes, without removing the earring. Dry the area with a tissue. Another option is to spray the front and back of the ear lobe with saline wound wash which can be found at any pharmacy or grocery store. (Do not use Hydrogen Peroxide or Alcohol on the site.)
3. After 6 weeks you may carefully remove the earrings permanently--preferably after a shower.
 - a. Wash your hands.
 - b. With one hand take hold of the jewelry part of the earring.
 - c. With the other hand gently wiggle the back until it loosens.
 - d. Take the earring out of the earlobe.
4. Replace the earrings immediately with other post type earrings! We recommend replacing the earrings with hypo-allergenic earrings (surgical titanium, solid gold, or plastic).
5. If the back of the earring falls off before the 6-week mark (and the post of the earring is still in place), please replace with a new backing that will be provided to you at the time of your piercing.
6. If the earring has fallen out completely before the 6-week mark, please replace immediately with a hypo-allergenic earring.
7. If you are interested in purchasing earrings like the ones we use, they can be found at blomdahlnusa.com

Important Information:

- Do not touch your ears with unclean hands.
- Do not remove the earrings until recommended by your physician.
- Make sure your newly pierced ears remain clean and dry. Cover your ears when applying hair spray, perfume, etc.
- Take extra care when removing clothing over your head to prevent the earrings from getting caught.
- Wear post type earrings continually for the first year after the piercing to ensure the piercing will remain the proper size. The holes can shrink and the skin can grow over the

area if there are no earrings to keep them open.

- Submerging your head in a swimming pool should be avoided for the first week after the ear piercing. Submerging your head in a lake/ocean should be avoided for 2 weeks.
- Cover earrings with a bandage while playing contact sports.
- Monitor for symptoms of infection:
 1. Spreading redness 48 hours after the ear-piercing procedure
 2. Pus/drainage from the holes
 3. Fever
 4. Intense pain

If you are NOT an established patient of Wildflower Pediatrics, please call your child's pediatrician for any concerns for infection. We ask that current patients call us at 512-900-6055 if you notice any symptoms of infection.